



ZEBRA

TATTOO & BODY PIERCING

Congratulations on your new tattoo!
Most tattoos take 3 weeks or longer to heal.
Here are a few important tips to help ensure
you have the best healing experience possible:

Wash your hands!

Throughout the day we run into all sorts of microbes (when handling money, phones, doorknobs etc.) Make sure you thoroughly wash your hands before touching your tattoo in order to avoid infection.

Just got bandaged up?

Leave the bandage on your tattoo for 2-4 hours, but no more than 6 hours. Like a new wound, it needs oxygen to heal; The bandage is just a barrier to prevent infection by unwanted bacteria. Wait until you are in a clean environment to unwrap your tattoo. After removing the bandage and with clean hands, thoroughly wash your tattoo with a mild antibacterial soap.

Wash with an unscented antibacterial soap daily.

A tattoo is essentially an open wound while it is healing, and it is important to keep it clean. Be sure to wash your tattoo daily, and let it air dry. This will allow your pores to close up, which will promote faster healing. Keeping your tattoo clean will allow your body to focus its energy on healing, rather than fighting off unwanted bacteria.

Use Aquaphor for the first 3 days

With clean hands, apply a very small amount of Aquaphor to your tattoo and rub it in thoroughly over the whole area. A little bit goes a long way, so don't overdo it! This should be done twice daily, and only for the first 3 days. After the third day.....

Apply an unscented lotion 3-5 times a day (as needed)

When your skin starts to feel dry, tight, or itchy, it's a good time to apply lotion. The lotion helps to keep the tattoo from drying out or scabbing. Multiple light coats are better than a few heavy ones (this will allow the tattoo to breathe while still staying moist). Remember that everyone's skin is different. Some skin types absorb more lotion than others, so be sure to keep an eye and apply when necessary.

The DO NOTs of a new tattoo (for the next 3-4 weeks):

- DO NOT submerge your tattoo in water (hot tubs, baths, pools etc.) Showers are ok.
- DO NOT pick or scratch your tattoo (this may cause loss of color and/or infection)
- DO NOT expose to direct sunlight (over time sun exposure will cause your tattoo to fade, so always wear sunscreen on your healed tattoo)
- DO NOT wear tight restrictive clothing while your tattoo is healing. (This can cause chafing and result in a tattoo which looks dull or faded.)
- DO NOT garden

Got your foot tattooed? DO NOT wear shoes or socks until your tattoo is healed.
We all love our pets, but DO NOT allow animals in close contact with your tattoo.
DO NOT sleep in dirty sheets, or let dirty clothes come in contact with your tattoo.

Signs & Symptoms of Infection (including, but not limited to): Redness, swelling, tenderness of procedure site, red streaks from tattoo towards heart, elevated body temperature, or excessive drainage from procedure sight. These signs & symptoms indicate the need to seek medical care.

Please call us or stop by if you have any questions!

HAPPY HEALING!

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